

Podcast Show Notes-Molly Henricks

Date: 1/18/2021 Episode: 8

Title: Schools as Safe Spaces for Hope, Healing and Restoration

Final Show Link: Podcast - Defining US

Defining Us uses the power of media and the promise of education to inspire educators to join the conversation on the socio-political cultural issues that matter. In this episode of Defining Us...Stacey DeWitt is joined by Molly Henricks, the Coordinator of School Safety and Risk Prevention at the San Mateo County Office of Education. As a licensed marriage and family therapist with over 17 years of experience working with youth, Molly provides a deeper look into trauma, mental health, student violence and how schools can address issues holistically, in partnership with families.

Powerful Moments

Throughout this podcast there are powerful moments that provide deeper insight into the individuals and topics discussed in this podcast.

- 3:16 The compounded issues facing schools as we return to in-person learning
- 6:48 Schools as safe spaces for hope, healing and restoration
- 14:48 Identity development and working in partnership with families
- 24:23 The danger of doing nothing to support LGBTQ+ youth
- 27:19 Educators and youth leading the charge in creating a more inclusive society

Critical Reflection Questions (During and After the Listening)

Use the following critical reflection questions to make deeper meaning of the topics discussed in this episode.

- How do my own identity, experiences and knowledge influence my understanding of this topic?
- How does this topic connect with my current context?
- What are the implications to my practice?
- How will I continue the conversation in my school/community/organization?

Inside the Conversation

Want to know more? Continue the learning with some of the important individuals, organizations, and topics discussed in this episode.

- Welcoming Schools Lessons
- Our Family Coalition
- The Trevor Project
- San Mateo Office of Education Safe and Supportive Schools

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