

From the Experts Parent Reflection

Dr. Sharon Contreras

- Dr. Contreras says, "civil rights is about equality, and that means it's about seeing every person for his or her humanity." How do you help your child see every person for his or her humanity? How does your child's school support this vision of civil rights? While civics classes may help students understand the rules of civil rights, how well does your child's school practice this approach in all areas?
- Dr. Contreras mentions a study that indicates that girls of color often enter school with lower levels of self-esteem because of cultural issues. Regardless of your child's gender and/or race, why should this be concerning? What can your community do to improve the self-esteem of girls of color?
- Dr. Contreras discusses the importance of classrooms that focus on rich discussions, critical thinking skills, and developing empathy in students. How can you support teachers who do these things with your child? How does this promote equality for all children?