

Monique's Story



Grade Level
Middle School



SEL Competency
Relationship Skills,
Social Awareness, Self-Management



DU Theme
CRE, Mentorship

INDIVIDUAL REFLECTION

List the different examples you see that shows how Monique mentors and helps the younger kids in the video. What are the most important items on your list? Why?

Monique also mentions one of the adult leaders at the Boys and Girls Club where she volunteers. How does she describe this person? Why do you think this person is important to Monique?

What are some examples of people you know who mentor you or other kids in your community? How are these mentors effective at making your community better? Why do we need mentors?

FOR FURTHER RESEARCH

Research some mentorship opportunities that are available in your community. Narrow down to one or two that are interesting to you and find out how to become involved. Why is so important to take action to mentor others in the community?

If you need a place to start with some ideas check out Spark Action
<https://sparkaction.org/>