

Defining US

Student Reflection Questions: Middle School

Darion Allen: [Power of the Mind](#)

SEL Competency: [Self-management](#)

Darion discussed a scholarship in the video, what is a scholarship? Why is a scholarship a good thing?

Darion seems to have a positive outlook about the future. Although he does not say much about why this is, what do you think has happened to help him think this way?

Who are the other people we see in the video? How do they help Darion?

Darion talks about making his community better. What have you done to help your community? What are some things you have the power to do to make your community a better place?

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Student Reflection Questions: High School

Darion Allen: [Power of the Mind](#)

SEL Competency: [Self-management](#)

Darion seems to have a positive outlook about the future. Do you have a positive outlook on the future? What helps you become optimistic?

Who are the other people we see in the video with Darion? Who helps you the way Darion is helped? Why are these people important to you?

Darion talks about making his community better. What have you done to improve your community? Darion mentions that he learned that he had "power". What are some things you have the power to do to make your community a better place? Are there other people you can think of that could help make an impact?
