

# Call Them My Brothers

Angel



**Grade Level:** High School



**DU Theme:** Trust and support of others



**SEL Competency:** Relationship Skills

**Essential Question:** What are the qualities of trust?

*Facilitator may wish to use reflection questions with students individually or in groups. Below is a possible adaptation for a group activity.*

## ACTIVITY

Ask students the following questions:

Angel discusses two groups that are important to him. Who are they?

Why does each have a positive effect on Angel's outlook and decision-making?

Prepare students that the group will do an "on your feet activity". Set norms that everyone is responsible for keeping everyone safe.

This is a variation of a group building initiative called "Airplane Game" with a slight change. Normally Airplane Game has one person who is an airplane pilot—who usually is blindfolded and asked to place his/her arms out to simulate wings. Another person is the ground control navigator who gives directions. Other students or various objects are placed in the way as obstacles and the facilitator sets a time limit before the airplane either lands or crashes by running out of fuel or hitting an obstacle. For this activity there will be no blindfold, part of the object is to see if the person playing the role of the airplane pilot actually can keep her/his eyes closed.

## Call Them My Brothers

Based on your knowledge of students, split students into groups of about 6. Assign roles for each group: a plane, a ground control navigator, obstacles (call them skyscrapers or mountain peaks). Designate a starting point for each pilot and a destination spot, which will signify the airport runway.

Set up with a scenario telling students that the airport is fogged in, so that the airplane pilot cannot see it. The ground control navigator must guide the pilot in to land. The pilot has to reach the runway using only the directions from the ground control navigator (do not have the navigator close to the runway, as the pilot will naturally want to go toward the navigator's voice).

Depending on student dynamics and room size, have groups attempt the landing one group or two groups at a time. Also keep the time limit fairly short-2 minutes is usually long enough. Other students spread out and observe. Make sure that observing students can intervene for safety. Observers should also watch to see if the pilot peeks.

Once each group has had at least one attempt, bring the group back together for a discussion. Ask pilots to describe the difficulty of not peeking during the exercise. Ask probing questions about trust (facilitator may wish to have students write brief answers individually before sharing with entire group).

Possible questions could include:

Why is it important to develop trust with others?

Why was it so hard to complete without peeking? (If applicable)

Why is it hard to trust someone whom you do not know well?

What are the steps or qualities needed to develop trust with someone? Why are these qualities important?

[10-20 minutes]

## CONCLUSION

Debriefing questions.

Why do you know Angel trusts the other people we see in the video?

Describe how strong relationships are necessary for a high quality of life.

[2-3 minutes]